



RECOVER

Researching COVID to Enhance Recovery

An Initiative Funded by the National Institutes of Health

What to know about the next phase of the RECOVER adult study.





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In the next phase, a smaller group of adults will continue in the RECOVER study so we can better **understand:**

- How Long COVID affects the brain (thinking and memory), heart, and lungs
- Whether Long COVID can make someone's chronic (long-term) illnesses worse, or bring on new ones
- What makes Long COVID symptoms get better, stay the same, or get worse

You will be asked to:

Answer survey questions about your health and symptoms



Have check-ups to measure height, weight, and blood pressure



Give samples, like blood



Do different tests, such as getting up from a chair, standing for 10 minutes, walking for 6 minutes, a smell test, thinking tests, and having an electrocardiogram (ECG) of your heart



It is your choice to decide if you want to continue in the study and sign the consent form.



Possible risks may include:



Loss of private information



Discomfort from blood tests and check-ups



Feeling tired or having symptoms get worse because of in-person visits



You can stop being in the study at any time.

Thank you for being in
the RECOVER study!



**You hold the answers
to Long COVID.**

Stay in the RECOVER study
and get paid for doing
surveys and tests.

RECOVER studies are part of a research project
paid for by the National Institutes of Health (NIH).

recoverCOVID.info/adult-nextphase