# Are you still not feeling well after having COVID?

Some young adults who are Black and African American have long-term symptoms and health problems after having COVID, which is called Long COVID. Long COVID can include:

- Tiredness or trouble sleeping
- Anxiety, nervousness, or feeling down
- Getting tired quickly with physical activity
- Having difficulties with work or school
- Cough, trouble breathing, or sniffles

By joining RECOVER, you can help find answers to Long COVID that could make a difference in your community.

> April Participant



To learn more or join, visit RECOVERcovid.info



An Initiative Funded by the National Institutes of Health

### "We joined RECOVER to help everyone learn more about Long COVID."

Abbott Family Participants

#### Why should I join?

We need young adults from Black and African American communities to fully understand Long COVID in your community.

By looking at young adults who had COVID and who never had COVID, researchers hope to answer these questions:

- Why do some people get Long COVID and others don't?
- What symptoms do people feel when they get Long COVID?
- How does having Long COVID affect people's health and development as they grow?

#### What will I do if I join?

We may ask you to:

- Answer survey questions
- Have checkups and tests
- Take part for up to 4 years

We value your participation and will pay you for your time!

This study will not give anyone a treatment or medicine for COVID. If you join this study, you can still take treatments and medicines your doctor gives you.

## Will my information be kept private?

**Yes! Your privacy is important to us.** We will follow all laws to protect your personal information, including HIPAA.

Learn more about RECOVER and Long COVID at RECOVERcovid.info